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ALLEGHENY COLLEGE ★ DENISON UNIVERSITY ★ EARLHAM COLLEGE ★ HIRAM COLLEGE ★ KENYON COLLEGE ★ OBERLIN COLLEGE ★
OHIO WESLEYAN UNIVERSITY ★ WABASH COLLEGE ★ WITTENBERG UNIVERSITY ★ COLLEGE OF WOOSTER

NCAC Outdoor Track & Field Special

For Immediate Release

**OHIO WESLEYAN CLAIMS MEN'S, ALLEGHENY CLAIMS WOMEN'S
NORTH COAST OUTDOOR TRACK & FIELD TITLES**

May 5, 2008

The Ohio Wesleyan men won their fifth team title, and first since 2001, at the NCAC Championships, held at Ohio Wesleyan on May 1-2. The Battling Bishops captured eight first and 12 other top-three finishes to total 236 points and outdistance five-time defending champion Allegheny (150), Wabash (148.5), Oberlin (74) and Wooster (59) in the men's field. The Allegheny women claimed their 13th NCAC crown with 268 points. Defending champion Ohio Wesleyan wound up second with 199 points, followed by Oberlin (134), Wooster (86) and Denison (50). The Gators won 10 events and had 14 other top-three finishes.

The 35th NCAA Division III Championships will take place Thursday through Saturday, May 22-24, at the J.J. Keller Field at Titan Stadium in Oshkosh, WI. Athletes qualify by reaching the automatic and provisional standards established for each event. The spots remaining in the field after the automatic qualifiers are filled from the descending order list of provisional qualifiers on May 18.

Women's Most Valuable Performers: Earlham senior **Sara Bohall (Westport, IN/Columbus East)** was named the Sprinter/Hurdler of the Year. Bohall won the 400-meter hurdles (1:02.64) for the fourth straight year, setting a conference record and qualifying provisionally for the NCAA III Championships. She is the first Earlham athlete to win four straight titles in the same event. Bohall also won the 100-meter hurdles for the third time in four years. Oberlin senior **Anna Chernin (Ann Arbor, MI/Ann Arbor Central)** was named the Middle Distance/Distance Runner of the Year after she won the 800 meters (2:17.23) and anchored the winning 4x400-meter relay. Allegheny senior **Liz Earley (Venetia, PA/Peters Township)** was named Field Athlete of the Year after she won the shot put (39-5) and hammer (172-9), and was second in the discus (118-9). Her distance in the hammer smashed the stadium record, set a conference record and was an NCAA Div. III automatic qualifying distance.

Men's Most Valuable Performers: Ohio Wesleyan junior **Ryan Ellis (Columbus, OH/Dubin Scioto)** was named Sprinter/Hurdler of the Year after he won the 200 meters (22.33) and 400 meters (49.40), and was part of both of the Battling Bishops' first-place relay teams. Wabash senior **Geoff Lambert (Chesterton, IN/Chesterton)** was named Middle Distance/Distance Runner of the Year as he won the 800 meters in 1:54.16. It was his fourth straight NCAC Outdoor title in the 800. He also anchored the second-place 4x400-meter relay. Ohio Wesleyan sophomore **David Burke (Hudson, OH/Hudson)** was selected Field MVP after he won the long jump (22-2.5), was third in the triple jump (46-3.25) and fifth in the high jump (6-0.5).

Coach of the Year: Ohio Wesleyan head coach **Kris Boey** earned men's coach of the year recognition for the first time after leading the Battling Bishops to the men's crown for the first time since 2001. He was named women's coach of the year last season. Allegheny head coach **Bill Ross** was voted women's coach of the year for the seventh time after leading the Gator women to their 13th outdoor title. He was men's coach of the year in 2007.

**2008 NCAC Outdoor Track & Field Championships
at Ohio Wesleyan May 1-2**

MEN'S TEAM RESULTS

1.	OHIO WESLEYAN	236.0
2.	ALLEGHENY	150.0
3.	WABASH	148.5
4.	OBERLIN	74.0
5.	WOOSTER	59.0
6.	WITTENBERG	56.5
7.	DENISON	50.0
8.	EARLHAM	40.0
9.	KENYON	4.0
10.	HIRAM	0.0

WOMEN'S TEAM RESULTS

1.	ALLEGHENY	268.0
2.	OHIO WESLEYAN	199.0
3.	OBERLIN	134.0
4.	WOOSTER	86.0
5.	DENISON	50.0
6.	EARLHAM	38.0
7.	WITTENBERG	30.0
8.	KENYON	12.0
9.	HIRAM	2.0

2008 NCAC Women's Outdoor Track & Field Championships May 1-2

100-METER DASH

12.98 Casey Ridgeway, OWU
13.02 Rebecca Lendyak, ALL
13.30 Chisara Nwabara, OBE

100-METER HURDLES

15.40 Sara Bohall, ERL
16.12 Katelynn Riley, WOO
16.54 Jessica Gratton, ALL

200-METER DASH

25.52 Casey Ridgeway, OWU
26.44 Rebecca Lendyak, ALL
26.96 Alexandra Mikovich, ALL

400-METER DASH

59.32 Ashley Shaffer, OWU
59.71 Ogechi Nwokedi, ALL
59.99 Casey Ridgeway, OWU

400-METER HURDLES

1:02.64 %# Sara Bohall, ERL
1:06.20 Madeline Schultz, OBE
1:07.32 Liz Straus, ALL

800-METER RUN

2:17.23 Anna Chernin, OBE
2:18.36 Rachael Newman, OWU
2:24.85 Kara Reiter, OWU

1500-METER RUN

4:52.20 Katie Stancik, ALL
4:54.70 Claire Everhart, OWU
4:56.50 Clara Shaw, OBE

3000-METER STEEPLECHASE

12:13.11 Kaitlin Zimmerly, OWU
12:20.47 Donna Langerfeld, OWU
12:24.64 Kirby Mosenthal, DEN

5000-METER RUN

18:32.06 Joanna Johnson, OBE
18:56.10 Mia Symoniak, ALL
19:04.88 Eva Weyers, ALL

10,000-METER RUN

40:09.56 Rachel Hutchinson, ALL
40:14.25 Eva Weyers, ALL
40:33.36 Mia Symoniak, ALL

MVP TRACK (SPRINTS/HURDLES)

Sara Bohall, Earlham

MVP TRACK (MID DISTANCE/DISTANCE)

Anna Chernin, Oberlin

MVP FIELD

Liz Earley, Allegheny

COACH OF THE YEAR

Bill Ross, Allegheny

400-METER RELAY

50.51 ALLEGHENY

51.70 OBERLIN
(Gemma-Nwabara-Schultz-Canini)
52.26 DENISON
(Alexander-Conley-Putnam-Snyder)

1600-METER RELAY

4:02.05 OBERLIN
(Wagner-Miller-Schultz-Chernin)
4:05.51 OHIO WESLEYAN
(Reiter-Newman-Everhart-Shaffer)
4:07.70 ALLEGHENY

LONG JUMP

17' 8" Emily Pfeufer, ALL
16' 3 3/4" Jessica Merrill, OWU
16' 2 1/2" Chisara Nwabara, OBE

TRIPLE JUMP

36' 5 1/2" Emily Pfeufer, ALL
36' 4 3/4" Ashley Shaffer, OWU
34' 7 1/2" Kayla Miller, WOO

HIGH JUMP

5' 3 1/4" Liz Straus, ALL
5' 3 1/4" Emily Pfeufer, ALL
5' 0 1/4" Ashley Shaffer, OWU

POLE VAULT

10' 9 1/2" Deysi Villarreal, OBE
10' 5 1/2" Sarah Sammel, ALL
9' 9 3/4" Kaitlyn Wesseler, WIT

SHOT PUT

39' 5" Liz Earley, ALL
37' 8 1/2" Katie Dale, WOO
36' 0 1/4" Emily Taylor, DEN

DISCUS

121' 3" Sharon Rymut, OWU
118' 9" Liz Earley, ALL
111' 5" Amy Herrington, OWU

JAVELIN

123' 10" Emily Pfeuffer, ALL
114' 2" Ali Drushal, WOO
103' 8" Mailey Adamsky, OWU

HAMMER

172' 9" +\$% Liz Earley, ALL
147' 2" Allison Walker, WIT
136' 6" Sharon Rymut, OWU

HEPTATHLON

4388 Emily Pfeuffer, ALL
4161 Ashley Shaffer, OWU
4096 Madeline Schultz, OBE

2008 NCAC Men's Outdoor Track & Field Championships May 1-2

100-METER DASH

11.30 Sean Patrick, OWU
11.48 Jordon Exeter, OWU
11.57 Chas Moore-Seymore, ALL

110-METER HURDLES

15.49 Emmanuel Aouad, WAB
15.63 Jack Schemenauer, OWU
15.77 Steve Brown, OWU

200-METER DASH

22.33 Ryan Ellis, OWU
22.61 Sean Patrick, OWU
22.87 Jordon Exeter, OWU

400-METER DASH

49.40 Ryan Ellis, OWU
49.52 Bo Braun, ERL
49.53 Preston Osborn, OWU

400-METER HURDLES

54.34# Wes Chamblee, WAB
54.57 Jack Schemenauer, OWU
55.17 Emmanuel Aouad, WAB

800-METER RUN

1:54.16 Geoff Lambert, WAB
1:56.90 Craig Ball, ALL
1:57.86 Ben Pendery, DEN

1500-METER RUN

3:55.64 # Ryan Place, ALL
3:55.86 Tony Dipre, ALL
4:00.20 Hugh Jackson, WAB

3000-METER STEEPLECHASE

9:38.63 Matt Smith, ALL
9:40.61 Alex Havran, OWU
9:44.62 David Stefanik, OWU

5000-METER RUN

15:26.90 Joel Bendtsen, DEN
15:30.13 Matt Hoy, ALL
15:39.05 Ryan Hanson, ALL

10,000-METER RUN

32:47.47 Jakeb Zimmerman, ALL
32:49.69 Ryan Hanson, ALL
33:06.26 Clay Davis, OWU

MVP TRACK (SPRINTS/HURDLES)

Ryan Ellis, Allegheny

MVP TRACK (MID DISTANCE/DISTANCE)

Geoff Lambert, Wabas

MVP FIELD

David Burke, Ohio Wesleyan

COACH OF THE YEAR

Kris Boey, Ohio Wesleyan

400-METER RELAY

42.44 OHIO WESLEYAN
(Exeter-Ellis-N. Osborn-Patrick)
44.26 OBERLIN
(Dennis-Turner-Hartley-Wimberly)
44.46 WABASH
(Chamblee-Aouad-Rickard-Rode)

1600-METER RELAY

3:20.90 OHIO WESLEYAN
(Ellis-N. Osborn-Patrick-P. Osborn)
3:23.69 WABASH
(Chamblee-Aouad-Dotson-Lambert)
3:26.44 ALLEGHENY

LONG JUMP

22' 2 1/2" David Burke, OWU
21' 11 1/2" Emmanuel Aouad, WAB
21' 7 1/2" Matt Yurky, ALL

TRIPLE JUMP

46' 11" # Tristan Jordan, WOO
46' 6.25" # Eric Dyer, WOO
46' 3.25" # David Burke, OWU

HIGH JUMP

6' 2 3/4" John Mathis, WOO
6' 1 1/2" Wes Chamblee, WAB
6' 0 1/2" Andrew Rode, WAB
6' 0 1/2" Erik Larkin, WIT

POLE VAULT

14' 4 3/4" Robert Trahin, WAB
14' 4 3/4" Rob Smallman, WAB
14' 0 3/4" Cory Myers, OBE

SHOT PUT

49' 11 1/4" Frank Tupta, ALL
48' 8" Chad Wertman, ERL
46' 11 3/4" Chris Shaw, ERL

DISCUS

153' 10" Chris Shaw, ERL
136' 5" Joshua Steinke, OWU
135' 2" Joshua Gallagher, OBE

JAVELIN

171' 11" Alex Havran, OWU
169' 4" Brent Banach, WAB
163' 9" Ryan Resides, WIT

HAMMER

156' 3" % Alex Moseman, WAB
154' 10" Justin Sparks, WAB
131' 10" AJ Green, OBE

DECATHLON

5804 Andrew Bloom, OWU
5732 Kyle Taljan, OBE
5306 Peter Sotherland, ALL